



Mile Hi Pony Club
D-1 Rating Prep Guide
(Revised for January 1, 2002 Standard)

How to Use This Guide

There are two sections to the Guide to help you prepare for your rating.

Riding Expectations. This section tells you the riding skills you will be tested on at your rating. You may want to take this list to your instructor and make sure you are comfortable with all aspects of the riding skills needed for your rating.

Horse Management. This section has all the horse management standards you will need to know for your rating. There is space for you to fill in the blanks and answer the questions. Be complete as possible, and share the information with your other Pony Clubbers. Feel free to have the DC, or higher level members help you completely fill in the answers. This is a study guide for you, so you have the complete picture on each aspect of horse management. For sections that have multiple parts, like unsoundness, horse parts, etc., try to make a complete list, rather than just writing down a few answers.

When you are done with the rating, keep your Prep Guide. Each rating builds on the other, so you will see similar standards for the next level, just more detail, or a different aspect of the subject.

Best of luck on your rating!

Riding Test Expectations

Overall Position

Candidate should ride without leadline, demonstrating **basic balanced position**,

Key Point: You need to show evidence of learning the proper way to sit on a horse, i.e., staying on when horse moves, keeping heels down, holding reins properly.

In an enclosed area at the halt and walk, and **control** at the walk and trot.

You can handle the pony you are riding without much help)

Instructor Comments on Overall Position

Instructor Name
Date
Comments

Riding on the Flat

Skill to be Demonstrated	Instructor Comments
Mount and dismount, with assistance if necessary.	
Hold reins correctly at the halt.	
Shorten and lengthen reins correctly at the halt and walk.	
Demonstrate basic correct position at the halt and walk.	
Ride at the walk and trot, with control, keeping pony on rail.	
Demonstrate simple change of direction at the walk and trot.	

Skill to be Demonstrated	Instructor Comments
Perform gradual transitions from walk to trot and walk to halt.	
Rider should demonstrate basic balanced position at the walk.	
Riding over Fences Walk over poles on the ground in jumping position.	
Riding over Fences Discuss with examiner the reason for different positions when riding on the flat and over fences.	
Riding over Fences Rider should ride over poles demonstrating basic balanced position.	

Horse Management Expectations

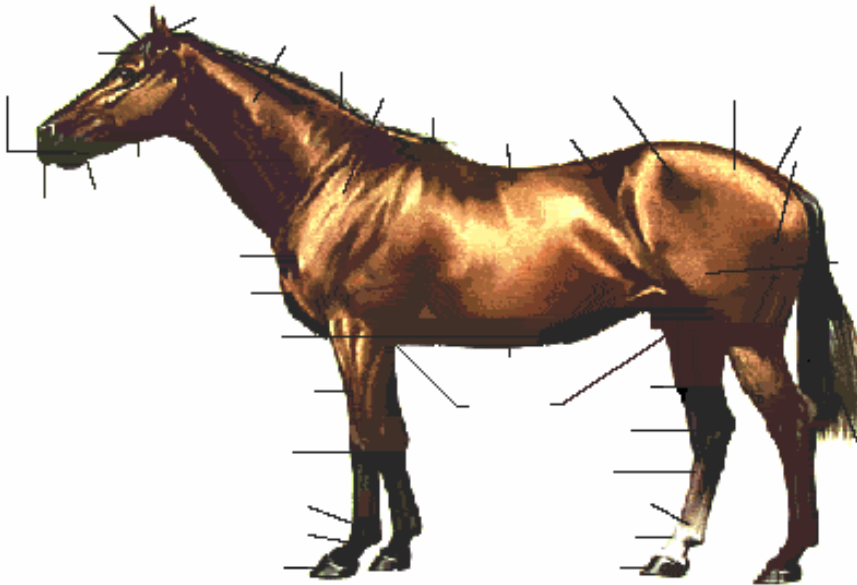
The candidate is a beginning-level horse manager, willing to learn the simple routine necessary for safe handling of quiet, well-trained horses. His or her knowledge will vary widely depending on age, educational level, and experience.

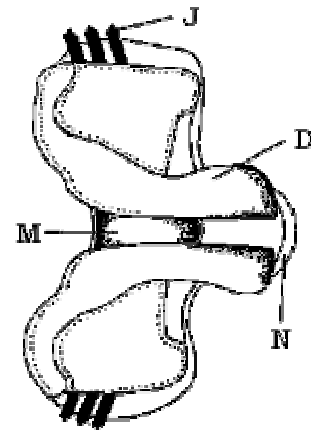
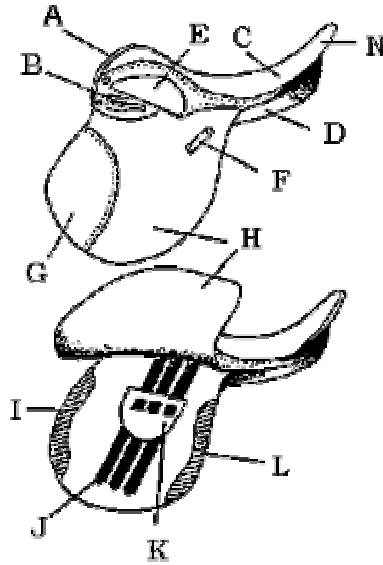
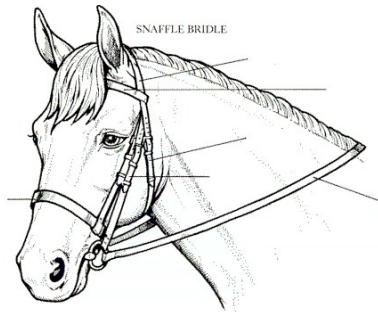
Horse Management Expectation	Answers
<p>Turn-Out Rider in safe and neat attire.</p>	<p>Wear your Pony Club polo or any other shirt with a collar and sleeves.</p> <p>Wear riding breeches or jodhpurs, no chaps. If wearing jodhpurs, be sure to have knee garters or elastic under shoes. If you are wearing riding breeches, you should have high boots.</p> <p>Wear a properly fitted ASTM helmet.</p> <p>Wear appropriate boots – smooth sole with a heel.</p> <p>Wear your Pony Club Pin.</p> <p>For girls: Your hair should be neatly pulled back in a hair net (no show bows), or braided.</p> <p>No extra jewelry. Stud earrings are OK.</p> <p>Other Tips:</p>
<p>Turn-Out Pony to be clean and neatly groomed, with feet picked out (with assistance), showing farrier care.</p>	<p>Pony should be brushed, with no dirt or sweat marks showing.</p> <p>Mane and tail should be clean, with no dandruff.</p> <p>Nose and dock should be wiped clean.</p> <p>Hooves should show no dirt anywhere.</p> <p>Hooves picked out and perfectly clean. Shoes in good repair. If pony does not have shoes, know why and if they are put on certain times, etc.</p> <p>Other Tips:</p>

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<p>Turn-Out Tack to be safe and neat (properly adjusted if necessary).</p>	<p>Bridle should fit properly with noseband and cheek piece correctly fitted. No dirt, dust or jockeys should show.</p> <p>Pad should show no dirt (get as clean as you can) and fit with the saddle.</p> <p>Saddle should properly fit horse. If school tack explain any fit problems.</p> <p>Saddle should be clean (no jockeys, dirt or dust), well-conditioned and supple. If the saddle is new, explain to instructor what you have done to condition it so far.</p> <p>If you are using a martingale, it should be clean and properly fitted. Take it off for flat work.</p> <p>Leathers should be adjusted for flat work. They should show no signs of wear or breakage.</p> <p>Stirrups should be shining. Pads should be white.</p> <p>Other Tips:</p>
<p>Leading/Conditioning/Nutrition Approach pony safely, put on halter, lead and turn correctly and safely.</p>	<p>What side of the pony should you be on?</p> <p>Where should your hands be?</p> <p>How should you hold the lead rope?</p> <p>How do you turn your pony</p>

Horse Management Expectation	Answers
Parts of Pony/Tack Name 10 parts of the pony (such as mane, tail, leg, etc).	Fill in diagram below.





Parts of Pony/Tack	
Name 10 parts of saddle and bridle (any) and the letter that points to that part. You can put your own labels on the bridle.	1.
	2.
	3.
	4.
	5.
	6.
	7.
	8.
	9.
	10.

Horse Management Expectation	Answers
<p>Parts of Pony/Tack Name two reasons for cleaning tack.</p>	<p>1.</p> <p>.</p> <p>2.</p>
<p>Stable Management Tack and untack pony, with assistance.</p>	<p>Describe each step you do to tack up your horse.</p> <p>Describe each step you do to do untack your horse.</p>

Horse Management Expectation	Answers
<p>Stable Management Groom pony with brush and currycomb, pick out feet, with assistance.</p>	<p>Step-by-Step description for grooming:</p>
<p>Stable Management Give one reason to pick out feet.</p>	
<p>Road & Travel Safety Know basic rules of safe riding in a group, in an enclosed area.</p>	

Horse Management Expectation	Answers
Health Care/Veterinarian Discuss what a veterinarian is.	
Health Care/Veterinarian Give one reason why the vet might treat your pony.	